

DRY JULY®

CLEAR YOUR HEAD, MAKE A DIFFERENCE®



**PUT DOWN YOUR GLASS
AND RAISE A HAND
IN SUPPORT OF ADULT
CANCER PATIENTS.**

Put your spare drinking hand to good use this July and join our team in a challenge to last a month off the booze. If you think you have what it takes to make a difference to the lives of adult cancer patients in your community, then sign up and become part of our team and start raising sponsorship for your brave dry efforts!

Joining our dry challenge is simple and free.. just head to the Dry July website (dryjuly.com), sign up as an individual and follow the instructions to join our team.

Dry July team name:

For more info please speak to the team leader:

or check out the website:



DRYJULY.COM