

## CONTACT US

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## STILL NEED MORE BOOKS!

Our gold coin donation library has been a great success, but we're running very low on books!

If you have unwanted books collecting dust at home, please bring them in for visitors, patients and staff to purchase.

Deliver to the Foundation Office, Shop 8, Barker St Foyer POWH (Across from the Pharmacy)

We thank you for your continued generosity.



## Upcoming Events

Market Day - Friday 17<sup>th</sup> Jul

Spinal Ward Trivia Night - Saturday 25<sup>th</sup> Jul

City 2 Surf Games Night - Friday 7<sup>th</sup> Aug

Ride For Life Fundraiser Lunch - Friday 7<sup>th</sup> Aug

City 2 Surf - Sunday 9<sup>th</sup> Aug

Ride For Life - Sunday 23<sup>rd</sup> Aug

# DRY JULY<sup>®</sup>

**HALF WAY AND WE HAVE ALREADY RAISED  
A PHENOMINAL \$514,000!!!!**

The Top 5 POW Hospital fundraisers:

1. Firas Al-Timimi, Oncology - \$1001
2. Robyn Ward, Oncology - \$870
3. Noel Allsopp, Domestic Services - \$700
4. Ingrid Odgers, Nuclear Medicine - \$575
5. Nina Lord, HR - \$413

If you're taking part and we haven't mentioned you please contact us.

We are offering a fancy bottle of champers to the highest fundraiser.

Nothing like a bit of healthy competition to spice up a dry month!

Visit [www.dryjuly.com](http://www.dryjuly.com) or contact the Foundation office for more info.

## MARKET DAY 2009

The POW Hospital markets will run all through the winter months - RAIN OR SHINE

So we're calling all those shop-a-holics willing to brave the elements for a good bargain to come down.

Held at the Barker Street entrance from 7:30am to 2pm, our markets run on the 3<sup>rd</sup> Friday of every month.

### 2009 DATES:

- 17th July
- 21st August
- 18th September
- 16th October
- 20th November

### NEW STALLS

- Ugg Boots and leather shoes
- Mini Dutch Pancakes
- Affirmation T-shirts
- Nurses watches



## POWH FOUNDATION PRIZE HOME LOTTERY

This time around, we've teamed up with the Mater Foundation in Brisbane. They've been running lotteries for years and offered us their expertise to make our lotteries a success!

The prize homes are a waterside apartment in Rhodes or an apartment on the Gold Coast with close to \$90,000 worth of furniture, travel & accommodation thrown in!

Total prize value is \$1,219,426



You can purchase ticket books ranging from \$10 for 6 tickets up to \$100 which gives you 100 chances of winning.

You can also become a VIP member and win up to \$95,000 worth of additional prizes throughout the year.

Purchase tickets directly from the Foundation Office or call 1800 067 066 or visit [www.materprizehome.com.au](http://www.materprizehome.com.au)



## RAFFLE STILL RUNNING

If you haven't got a ticket in our End of Financial Year Raffle yet make sure you come down and visit us at the Foundation Office.

There are 10 LG Mini Home Theatre Systems and 10 Breville Healthsmart Sandwich Press/Grills up for grabs.

2 tickets for \$5  
or  
5 for \$10

Drawn on 31<sup>st</sup> of July

If you would like to help us sell tickets please contact us.

# TRIVIA NIGHT

Supporting the Prince of Wales Hospital

## Spinal Ward

SATURDAY JULY 25th

Calling all Brainiacs, Smarty Pants and Whiz Kids! Help us raise money for the spinal ward by tapping into your inner nerd and coming along to our trivia night.

Great prizes to be won including restaurant vouchers, movie passes and home appliances. There will also be raffles and silent auctions so bring along your family and friends and see who's the smartest of them all.

BYO thinking caps and food, drinks available at the bar.

\$20 per head, tables of 8 - 10

Arrive 6pm for 6.30pm star  
Kensington Bowling Club  
Corner of Doncaster Ave  
& Barker Street Kingsford

RSVP 17<sup>th</sup> July to:  
Michelle Godfrey Roberts  
0414 399 961  
[michelle.roberts@panalpina.com](mailto:michelle.roberts@panalpina.com)



*The Rotary Club  
of  
Botany Bay*

## ENTERTAINMENT BOOKS 2009

Don't forget to purchase your 2009/2010 edition! For only \$65, you will receive 25 - 50% discounts or two-for-one offers on dinners, hotel accommodations, cinemas, theatres and sporting events, worth \$15,000.



Come and get your Sydney and Nth Sydney books from our office today before they're all gone!



Ride For Life is fast approaching and we still need teams for the Foundation cup.

If you're a keen cyclist and would love to give your colleagues a run for their money, register on the website today!

Race date is the 23<sup>rd</sup> of August at Centennial Park - 2.20pm

- Entry is \$30 per person
- 4 people in a team
- 8km relay (2km each)
- Team t-shirts provided
- Each entrant receives a \$60 Jaggad voucher

Cup winners will receive a trophy to be displayed in the hospital for all to see.

Contact the Foundation when you have registered your team. We plan to meet with you all next week to organise t-shirts and other race details.

If you would like to race but don't have a team of 4, contact the Foundation office and we'll find one for you.

## **POLLIE'S PLATE RIDE FOR LIFE FUNDRAISING LUNCH**

This year's Ride for Life Corporate Lunch will be held on the 7<sup>th</sup> of August, honouring the late Andrew Polivis, an avid supporter of the event.

It will be held in the Strangers Dining Room at Parliament House, Sydney and Nicole Polivis, Andrew's wife has already sold 70 tables so you better get in quick!

Tickets are \$100 including a 3 course lunch

State Minister for Gaming and Racing, Mr Kevin Green will be hosting the lunch and Ron Hadley will MC (guest speaker yet to be announced).

To purchase tickets please contact the organiser Phil Bates on 9570 5556 or email [pbates@cycleclassic.com.au](mailto:pbates@cycleclassic.com.au)



## BE KIND IN '09

Our very clever Foundation CEO, Lulu, has been busy putting the wheels in motion for an exciting new activity to bring much needed funds to the hospital.

We are hoping this new venture will not only raise funds but also strengthen community awareness.

Keep a look out on July 1<sup>st</sup> for more details.

# SUPPORT THE CITY 2 SURF 'HEARTBREAKERS'

Sydney's much loved fun-run, the City 2 Surf, is on again and Fabian Heaton and the 'Heartbreakers' are running on behalf of POW Hospital to raise funds for the Orthopaedics Department.

If you are a keen runner and want to join their team contact Fabian at [fabian.heaton@sesiahs.health.nsw.gov.au](mailto:fabian.heaton@sesiahs.health.nsw.gov.au)

You may prefer to get involved in our **Karaoke & Games Night** if you're more inclined to give your vocal chords or bingo skills a work out; Friday 7<sup>th</sup> August EBB Function Room. **GREAT PRIZES TO BE WON!**

You can also show your support for the Heartbreakers by sponsoring them online at [www.city2surf.sunherald.com.au](http://www.city2surf.sunherald.com.au)

If you want to set up your own team to raise funds for the hospital, you can contact us at the Foundation office, or visit [www.city2surf.sunherald.com.au](http://www.city2surf.sunherald.com.au)

**ENTRIES OPEN NOW** Race Date: Sunday August 9

Please send your donation to: POWH Foundation, Locked Bag 9003, Maroubra, NSW, 2035

Title: \_\_\_\_\_ Given name: \_\_\_\_\_ Family name: \_\_\_\_\_

Address: \_\_\_\_\_ Suburb/Town: \_\_\_\_\_ Postcode: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

I/we pledge: \$ \_\_\_\_\_ Payment made by:  Cash /  Cheque\* /  Mastercard /  Visa

Cardholder's Name: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

C/C Number: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Signature: \_\_\_\_\_

\* Make cheques payable to The Prince of Wales Hospital Foundation. (All donations over \$2 are tax deductible)